

NHS Heywood, Middleton and Rochdale Clinical Commissioning Group (HMR CCG)
Chair's responses to public questions from 15 March 2019 Governing Body meeting

	Question	Response
1	<p>Question raised by TE on behalf of Better Health4Middleton</p> <p>Where is the Rochdale Falls Prevention Team ?</p> <p>It doesn't seem to exist and more people are falling, getting injured and there's no obvious place where they can get help.</p> <p>Where do people get help. Better to have a prevention service than end up in hospital.</p>	<p>HMR CCG commission a central falls team provided by PAHT and we have an integrated community physio in 5 out of the 6 integrated neighbourhood teams (recruitment is currently taking place for the 6th).</p> <p>The integrated approach has greatly reduced the amount of time patients wait to be seen by a community Physio. The teams receive referrals from any agency (including GP, Practice Nurse, Link4Life) for falls assessments for people who are identified of being at risk of falling and following a fall, as well as for walking aid assessments and generic community physio.</p> <p>In addition to the above, Link4Life provide 2 programmes around balance & stability & take self-referrals and referrals from professionals including the Falls Team. These can be accessed by telephoning Paul Gardner, Programme Manager Health & Wellbeing Tel: 01706 926235 Mobile: 07890 250655 Email: paul.gardner@link4life.org and requesting access to:</p> <ol style="list-style-type: none"> 1. Functional Fitness 2. Postural Stability course. This is an accredited Falls prevention programme - Currently running at Rochdale Leisure Centre. <p>The Patient Advice and Liaison Service (PALS) is also available for members of the public to contact to assist with signposting to any services commissioned by HMRCCG or to raise any concerns in relation to a specific service. Telephone Number - 0161 212 6270 or public freephone: 0800 121 4430</p>